

# Resume

Sandra Walton – ArtsCalibre Academy

---

*I want to talk about learning. But not the lifeless, sterile, futile, quickly forgotten stuff that is crammed into the mind of the poor helpless individual tied into his seat by ironclad bonds of conformity! I am talking about the student who says, “I am discovering, drawing in from the outside, and making that which is drawn in a real part of me.”*

- Carl Rogers, Psychologist, 1902 - 1987

## EDUCATION AND CERTIFICATIONS

- |  |                |
|--|----------------|
| <b>Master of Education – Curriculum and Instruction,</b><br>University of Phoenix<br>- Graduated with honours  | 2006           |
| <b>Bachelor of Education</b><br>University of Alberta<br>- Elementary School Generalist<br>- Minors in Physical Education, Music and Movement  | 1989           |
| <b>British Columbia Teaching Certificate</b>   | 1996           |
| <b>Alberta Teaching Certificate</b>  | 1989           |
| <b>Professional Dance Teacher,</b><br><b>United Kingdom Alliance of Professional Teachers of Dancing</b><br>(UKAPTD)<br>- Graduated with “Highly Commended” honours                            | 1988           |
| <b>Certified Fitness Instructor, BCRPA, Re-certification</b><br>- Basic Fitness Leadership (BFL) and specialty modules: Exercise to Music, Strength Training and Supervisor of Fitness Leaders | 1991 – Present |
| <b>St. John Ambulance First Aid</b><br>- CPR and Basic First Aid certificates  | 1991 – Present |
| <b>Certified Bodywork Therapist,</b><br>Kootenay School of Rebalancing, Nelson, BC   | 1995           |

## CAREER EXPERIENCE

- Senior Secondary School Teacher** 1998 – Present  
Oak Bay High School, School District #61, Victoria, BC
- Teach Subjects:
    - Beginner through Advanced Dance - grades 8 through 12
    - Leadership - grades 8 through 12
    - Musical Theatre - grades 8 through 12
    - Career and Personal Planning (CAPP) - grade 9
    - Extracurricular Dance Troupe
  - **Head of Fine Arts Department**, 2001 – 2007
- School Teacher**, all grades 1997 – 1998  
School District #62, Sooke, BC
- Teacher On Call (TOC) for K-12, available for Drama, Counseling, Music, Dance, English and Career and Personal Planning (CAPP)
- Elementary School Teacher** 1989 – 1994  
Edmonton, AB
- Taught Subjects:
    - Music, Drama and Dance - grades 1 through 6
    - Mathematics and Art - grades 5 and 6
    - Physical Education - grade 2
  - Grade 3 class included one autistic child integrated full time, and two physically disabled children part time
  - Coordinated extracurricular programs
- Preschool Age Movement Instructor** 1998 - Present
- Teach young children movement and drama for Henderson Centre, Juan De Fuca Recreation Centre, Pearkes Recreation Centre, Gonzales Preschool and Emmanuel Baptist Church
- Professional Choreographer and Movement Consultant** 1986 – Present
- Choreograph musical productions for various Arts organizations including Victoria Operatic Society, Langham Court Theatre, Cowichan Musical Society, Edmonton Musical Theatre, Alberta Summer Games, Gold Dust Dancers, Stettler Dance Company, and individual instruction for competitions and festivals
- Piano Teacher**, self-employed 1981 – Present
- Instruct all levels and ages in Royal Conservatory syllabus and contemporary music

**CAREER EXPERIENCE (cont.)**

- Trainer**, Pacific Peer Counseling, Victoria, BC 1996 - 2004
- Taught Level One Peer Counseling program for Greater Victoria and Saanich School Districts
- Fitness Technician/Instructor**, Saanich Recreation, Victoria, BC 1995 – 2000
- Programmed and instructed fitness classes/workshops for adults at all fitness levels
  - Supervised 16 staff members
  - Scheduled weight room, aerobics classes and special events
- Low Impact/Dance Aerobics Instructor**, 1995 – 1997  
Juan de Fuca Recreation Centre, Victoria, BC
- Instructed adults at all fitness levels with an emphasis on fun
  - Coordinated workshops in dance and fitness
- Drama/Musical Theatre Instructor**, self-employed 1995
- Taught in after-school program for preschool and elementary-aged children in BC
- Tutor**, self-employed 1994 – 1997
- Worked with elementary school children in all subjects
  - Tutored children with special needs and development/behavioural problems
  - Focused on building self-esteem through encouragement and positive reinforcement
- Fitness Instructor**, Aerofit and Nelson Aquatic Centres, Nelson, BC 1994 – 1995
- Taught step aerobics, body sculpting, low impact aerobics and strength-and-stretch to ages 16 and up
- Dance/Fitness Instructor**, County of Strathcona (Sherwood Park), AB 1983 – 1994
- Taught a variety of aerobics classes to adults and teens at all fitness levels, and line dancing to adults and seniors
  - Instructed classes in children's dancing (ages 6 to 18), jazz dance, hip-hop and musical theatre – with an emphasis on dynamics, alignment and stage presence

## **OTHER EXPERIENCE AND ACCOMPLISHMENTS**

- Attend various dance classes across Canada and the US as a personal commitment to ongoing education
- Provided volunteer choreography for Oak Bay Theatre Society, Langham Court Theatre and Nelson Theatre Group
- Established elementary school dance programs and choreographed/coordinated Christmas concerts for various schools
- Taught movement workshops to teachers throughout the School District
- Performed professionally with a number of dance troupes throughout North America and in Japan
- Spoke on “Autism in the Classroom” at Alberta teachers convention

## **REFERENCES**

Available upon request.