# Resume

# Sandra Walton – ArtsCalibre Academy

"I want to talk about learning. But not the lifeless, sterile, futile, quickly forgotten stuff that is crammed into the mind of the poor helpless individual tied into his seat by ironclad bonds of conformity! I am talking about the student who says, "I am discovering, drawing in from the outside, and making that which is drawn in a real part of me."

- Carl Rogers, Psychologist, 1902 - 1987

# **EDUCATION AND CERTIFICATIONS**

- CPR and Basic First Aid certificates

Certified Instructor – The Leader in Me	In progress
Certified Instructor – Handwriting Without Tears	2014
Early Childhood Educator (ECE), Northern Lights College	2009
Masters of Education – Curriculum and Instruction, University of Phoenix	x 2006
<ul> <li>Bachelor of Education, University of Alberta</li> <li>Elementary School Generalist</li> <li>Minor in Physical Education, Music and Movement</li> </ul>	1989
Alberta Teaching Certificate	1989
British Columbia Teaching Certificate	1996
Professional Dance Teacher, United Kingdom Alliance of Professional Teachers of Dancing (UKAPTD	1988
<ul> <li>Certified Aerobics Instructor, BCRPA, Re-certification</li> <li>Basic Fitness Leadership (BFL) and specialty modules: Exercise to Music, Strength Training and Supervisor of Fitness Leaders</li> </ul>	1991 – 2000
Certified Bodywork Therapist Kootenay School of Rebalancing, Nelson, BC	1995
Canadian Red Cross First Aid	1991 – Present

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#### CAREER EXPERIENCE

Offered individual appointments

Set up and plan demonstrations and workshops

# Founder/Executive Director/Principal, ArtsCalibre Foundation 2011 - Present (ArtsCalibre Academy Junior Kindergarten - Grade 3) Owner/Director, ArtsCalibre Academy Ltd. 2008 - Present (ArtsCalibre Academy Preschool) Senior Secondary School Teacher, School District #61, Victoria, BC Reynolds High School 2008 - 2013**Taught Subjects:** Beginner through Advanced Dance - grades 9 through 12 Musical Theatre - grades 9 through 12 Oak Bay High School 1998 - 2009**Taught Subjects:** Beginner through Advanced Dance - grades 8 through 12 - Leadership - grades 8 through 12 - Musical Theatre - grades 8 through 12 - Career and Personal Planning (CAPP) - grade 9 Extra-curricular Dance Troupe **Head of Fine Arts Department**, 2001 – Present **Professional Choreographer and Movement Consultant** 1986 - Present Choreograph musical productions for various arts organizations including Victoria Operatic Society, Cowichan Musical Society, KIDCO Dance Centre, Edmonton Musical Theatre, Alberta Summer Games, Gold Dust Dancers, Stettler Dance Company, and individual instruction for competitions and festivals Trainer, Pacific Peer Counselling, Victoria, BC 1996 - 1999 Taught level one Peer Counselling program for Greater Victoria and Saanich School Districts Piano Teacher, self-employed 1981 - 2000Instructed all levels and ages in Royal Conservatory syllabus and contemporary music Bodyworker, self-employed 1994 - 2007

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## **CAREER EXPERIENCE** – continued

## School Teacher, School District #62, Sooke, BC

1997 - 1998

- Was Teacher On Call (TOC) for K-12, available for Drama, Counseling, Music, Dance, English and Career and Personal Planning (CAPP)

# **Preschool Aged Movement Instructor**

1998 - 2006

 Taught young children movement and drama for Henderson Centre, Juan De Fuca Recreation Centre and Pearkes Recreation Centre, Gonzales Preschool.

#### Fitness Technician/Instructor, Saanich Recreation, Victoria, BC

1995 - 2000

- Programmed and instructed fitness classes/workshops for adults at all fitness levels
- Supervised 16 staff members
- Scheduled weight room, aerobics classes and special events

# Low Impact/Dance Aerobics Instructor,

1995 - 1997

Juan de Fuca Recreation Centre, Victoria, BC

- Instructed adults at all fitness levels with an emphasis on fun
- Coordinated workshops in dance and fitness

## **Drama/Musical Theatre Instructor**, self-employed

1995

- Taught in after-school program for preschool and elementary-aged children in BC

# **Tutor**, self-employed

1994 – 1997

- Worked with elementary school children in all subjects
- Tutored children with special needs and development/behavioural problems
- Focused on building self-esteem through encouragement and positive reinforcement

## Aerobics Instructor, Aerofit and Nelson Aquatic Centres, Nelson, BC

1994 - 1995

- Taught step aerobics, body sculpting, low impact aerobics and strength-and-stretch to ages 16+

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## **CAREER EXPERIENCE** – continued

# Elementary School Teacher, Edmonton, AB

1989 - 1994

- Taught Subjects:
  - Music, Drama and Dance grades 1 through 6
  - Mathematics and Art grades 5 and 6
  - Physical Education grade 2
- Grade 3 class included one autistic child integrated full time, and two physically disabled children part time
- Coordinated extra-curricular programs

# Dance/Aerobics Instructor, County of Strathcona (Sherwood Park), AB

1983 - 1994

- Taught a variety of aerobics classes to adults and teens at all fitness levels, and line dancing to adults and seniors
- Instructed classes in children's dancing (ages 6-18), jazz dance, hip-hop and musical theatre with an emphasis on dynamics, alignment and stage presence

#### OTHER EXPERIENCE AND ACCOMPLISHMENTS

- Provided volunteer choreography for Oak Bay Theatre Society, Langham Court Theatre and Nelson Theatre Group
- Attended various dance classes across Canada and the US as a personal commitment to ongoing education
- Set up elementary school dance programs and choreographed/coordinated Christmas concerts for various schools
- Taught movement workshops to teachers throughout the School District
- Performed professionally with a number of dance troupes throughout North America and in Japan
- Spoke on "Autism in the Classroom" at Alberta teachers convention